

December Diversity Message

December has several observances and holidays. And while I can't share them all, I would like to share a few of them. I've included links to get more history and suggestions on how to celebrate and/or participate in these events. .

National Cookie Cutter Week: Dec 1-7, the origin of cookie cutters dates all the way back to 2000 BC, there is a cookie cutter club, and museum. Spend time this week making your own cookies.

<https://nationaltoday.com/national-cookie-cutter-week/>

National Cat Lovers Month: Earliest recorded interactions between cats and humans date back to the Middle East around 9500 years ago, though there is no authentic record of domestication prior to 1500 BC. Share photos of your cat on social media, adopt a cat, take time to love on your cat this month.

<https://nationaltoday.com/national-cat-lovers-month/>

National Drunk and Drugged Driving Prevention Month: December is a month of parties and fun, please think about yourself and others when imbibing spirits. Plan ahead to not be behind the wheel when you are partaking, and be cognizant of your friends and family that may over indulge, not letting them get behind the wheel.

<https://nationaltoday.com/national-drunk-and-drugged-driving-prevention-month/>

National Tie Month: Created in Croatia during the 30 Years War, to tie the tops of their jackets, the French went on to make the tie an integral part of fashion. I don't see these worn much any more, but have a few of my own that I find it hard to part with. Spend this month learning how to tie the tie knot, or teach someone else how.

<https://nationaltoday.com/national-tie-month/>

Operation Santa Paws: Pets are an integral part of many of our lives. Used for companionship, therapy, healing, or just as a reason to get up in the morning. Spend time this month loving on your pet, volunteer at a shelter, adopt a pet if you need one.

<https://nationaltoday.com/operation-santa-paws/>

Universal Human Rights Month: This month we remember that the United Nations codified the basic human rights of every person in the world. Reread the U.S. Bill of Rights, and research what these freedoms mean to you.

UN Declaration of Human Rights: <https://www.un.org/en/about-us/universal-declaration-of-human-rights>

U.S. Bill of Rights: <https://www.archives.gov/founding-docs/bill-of-rights>

<https://nationaltoday.com/universal-human-rights-month/>

Lemon Cupcake Day: December 15, my new favorite day of the year. The U.S. lays claim to the creation of the cupcake, in 1796. What to do on this day? Bake lemon cupcakes, eat lemon cupcakes, share lemon cupcakes with your friends.

<https://nationaltoday.com/lemon-cupcake-day/>

National Crossword Puzzle Day: The first crossword puzzle was created by Arthur Wynne and published on December 21, 1913 in the New York World Newspaper. It was diamond shaped and contained no internal black spaces. It was such a hit that now almost every American newspaper has a crossword puzzle in it. You can do crossword puzzles with a friend, try one online, search online for a special interest puzzle to your liking.

I do this one every morning: Crossword Club <https://crosswordclub.com/> to wake my brain up, it's free and they have one puzzle per day.

<https://nationaltoday.com/national-crossword-puzzle-day/>

There were many observances to choose from this month, if I didn't pick your favorite please let me know and I will include it next time.

I hope that each of you has a joyous, safe, and warm December.

Merry Christmas, Happy Hanukkah, and Joyous Kwanzaa to each of you.

Major Janice Podgurski



Happy Holidays!

from the RMC Office of Diversity, Equity and Inclusion